



Bruschetta on Whole Grain Baguette

Ingredients:

3 medium tomatoes, diced
2 tbsp diced red onion
4 cloves garlic, minced
1½ tbsp canola oil
¾ cup low fat cheddar cheese

1 tbsp fresh oregano, chopped
1 tbsp fresh basil, chopped
2 tbsp vinegar
18-20 slices whole grain baguette

Instructions:

1. Preheat oven to 400° F.
2. In a large bowl combine tomatoes, onions, garlic, canola oil, oregano, basil and vinegar. Place a heaping spoonful of tomato mixture onto the baguette slices. Cover with one teaspoon of cheese.
3. Bake for 10 minutes and serve warm. Makes 10 servings.