

Personal Fitness Trainers in Manitoba

University graduates who are qualified to design exercise programs. ^{1,2,3}

Name	Telephone	E-mail	Highest Degree	Certifications Held	Website
Anderson, Claire	(204) 975-1555	cafitness@shaw.ca	BA (Kin)		www.coretrainingandtherapy.ca
Bedard, Andrea	(204) 489-9859	a.bedard@uwinnipeg.ca	MSc, BPE	MFC-Trainer of Trainers	
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Bosiak, David	(204) 622-2079	dbosiak@mb.sympatico.ca	MBA		
Braid, Kristen	(204) 792-8460	kristenbraid@hotmail.com	BESS	CSEP-CEP, MFC-(RT,GF)	www.wellnessinstitute.ca
Campbell, Margaret	(204) 622-6233	mcampbell@prha.mb.ca	BPE/ Bed	MFC-GF, AF, Evaluator & Trainer of Leaders	
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Gagne, Allison	(204) 688-0289	allison_gagne@hotmail.com	BKin & B.A. Honors	CSEP-CEP, MFC-RT, NSCA-CSCS	
Graham, Sheena	(204) 688-0437	sunkissed_191@hotmail.com	Kinesiology		
Hay, Jacqueline	(204) 612-7935	hay_jacqueline@live.com	BA Kinesiology	CPT	
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Momtchilov, Momtchil	(204) 997-3226	mmomtchilov@mypt.ca	Bachelor of Kinesiology	CPT (ACSM)	www.mypt.ca
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Roberts, Meghan	(204) 688-7609	effectivefitness@hotmail.com.	B SC.	CSEP-CPT	
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Stephensen, Lianne	(204) 885-6068	lstephensen9701@shaw.ca	BPAS	CK	
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¹This list was generated on March 29, 2010. Please e-mail requests for an up-to-date list to mepa@mepa.ca

²All Professional MEPA members should hold current CPR/Basic First Aid certifications.

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