

# *Chocolate Fondue*

*An easy dessert and a delicious way to add a few fruit servings into your day*

## *Ingredients*

*12 ounces milk chocolate  
1/4 cup milk*



*Assorted Fruit:*

*Strawberries  
Orange sections  
Pear slices  
Pineapple chunks  
Banana slices  
Apple slices  
Grapes*

## *Instructions*

- 1. In the top of a double boiler place over gently simmering water, or in a small heavy saucepan, combine the chocolate pieces and the milk.*
- 2. Heat, stirring constantly, over low heat until the chocolate is melted and smooth.*
- 3. Cook and stir till heated through. Stir in additional milk, 1 tablespoon at a time until you have the consistency you desire.*
- 4. Pour mixture into a fondue pot. Place over fondue burner set on low.*
- 5. With fondue forks or long skewers, dip fruit into chocolate mixture.*
- 6. If mixture gets too thick, add milk 1 tablespoon at a time.*
- 7. Makes 5 servings (1/4 cup each).*