

Air Writing

Source: Adapted with permission from the North Carolina Department of Public Instruction (www.ncpe4me.com)

Equipment: list of instructions
microphone (for large groups)

Space: participants need a small amount of space

How to:

- Have participants begin by marching on the spot.
- Ask them to write their names in the air using the following parts of their body:
 - right finger
 - left finger
 - right elbow
 - left elbow
 - right foot (big toe)
 - left foot (big toe)
 - right shoulder
 - left shoulder
 - nose
 - belly button
- Have participants draw objects or shapes after they spell their names.

