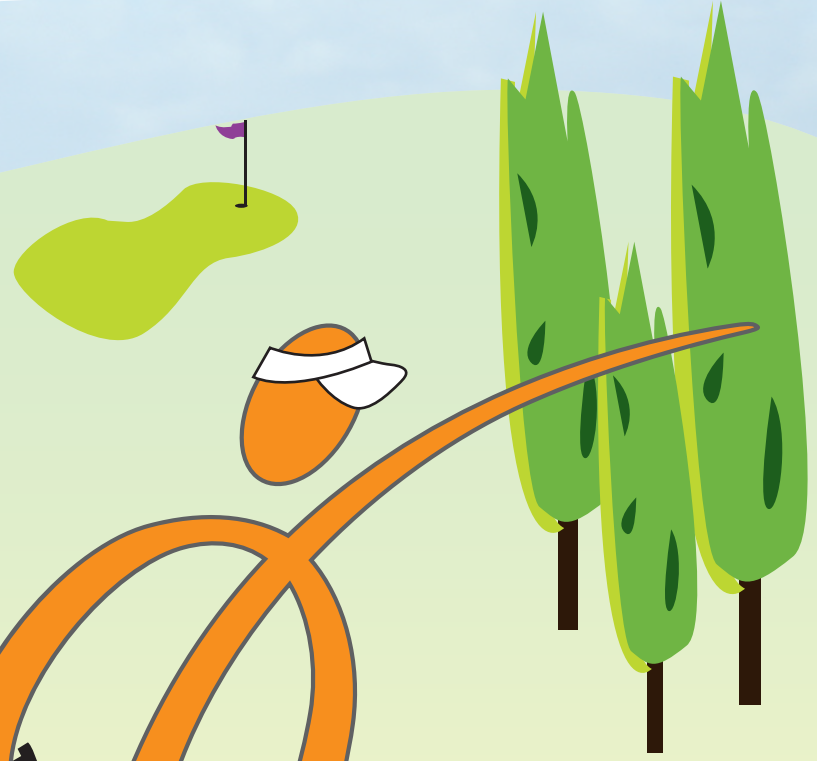
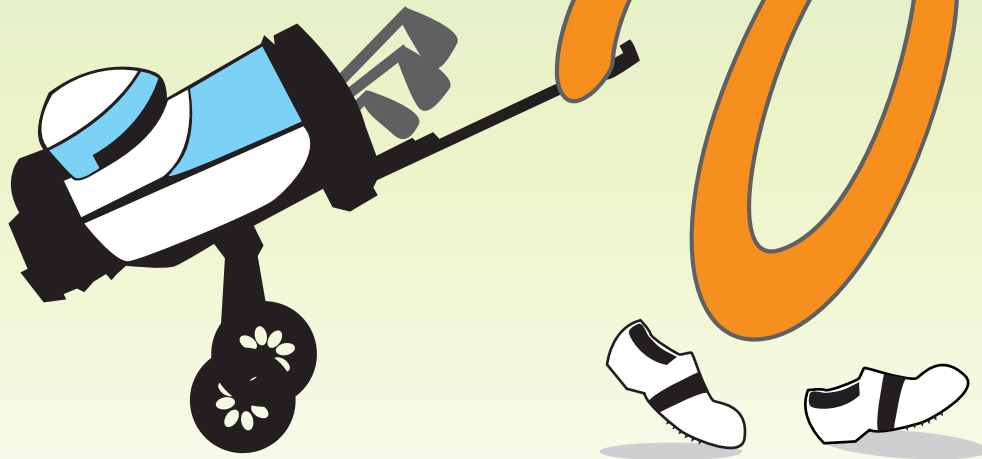


# Did you know...

...9 holes  
of golf can  
add nearly  
8000 "steps"  
to your day?



...in motion  
**Your way** >>>

Winnipeg  
*in motion*  
Physical Activity - do it for life!